

RITU CHOPRA MEDIA BIO

Ritu Chopra inspires people with her coaching sincerity and professional leadership experience that includes managing business and IT operations.

Ritu solved complex technical challenges in her work with Fortune 500 companies over the past 20 years, including the 2008-09 economic downturn and the ever-changing business landscape faced by global companies.

As a technology professional, Ritu has been in charge of data security projects for some of the top health care, life sciences, and financial companies. Her IT experience is extensive with Six/Lean Sigma certifications and many years providing solutions for SDLC, information and cybersecurity, data privacy, access controls, risk mitigation, business continuity, and disaster recovery planning.

As president of Chopra Management Services, Ritu is a creative force, motivational speaker, and certified leadership coach. She founded Lead My Way, a non-profit organization that helps communities deal with childhood trauma and has won several awards for producing documentaries. Ritu hosts and executive produces “Despite the Challenges®,” a TV show about people overcoming disabilities and other barriers to contribute to society.

With such a diverse personal and professional journey, Ritu now assists professionals of all ages with a blend of interpersonal skills and professional exposure to global workplace methodologies using her leadership experience to impact global organizations of all sizes. She authored “Art of Life” and “Mastering Life” focusing on personal mastery to achieve success in professional domains.

As an executive coach, Ritu employs a wide variety of management skills, tools, and methodologies and leads corporate teams in resolving conflicts between IT and non-IT business partners, increasing employee engagement, and empowering everyone she works with.